



Tio Jorge® Yuca Fries

A globally inspired alternative to traditional potato fries.



What Is Yuca?

Yuca (also known as cassava) is a naturally gluten-free tropical root vegetable with a mild, slightly nutty flavor and fluffy interior. A staple ingredient throughout Latin America, the Caribbean, Africa, and Asia, yuca offers operators a unique alternative to traditional potato sides while bringing authentic global appeal to the menu..

Why Operators Choose Yuca

Designed for busy commercial kitchens, Tio Jorge® Yuca Fries are fully prepared and frozen for consistent quality and quick service. Simply heat and serve in minutes—eliminating the labor, peeling, and prep required with fresh yuca while reducing food waste and ensuring year-round availability.

Tio Jorge® Yuca Fry

Yuca Preformed Fried Frozen		
Nutrition Facts		
Serving size	3 oz (85g)	
AMOUNT PER SERVING% Daily Value*		
Calories	160	
Calories from fat		
Total Fat	6g	8%
Saturated Fat	1g	5%
Mono Unsaturated Fat		
PolyUnsaturated Fat		
Trans Fat	0g	
Cholesterol	0mg	
Total Carbohydrate	25g	9%
Dietaryfiber	2g	9%
Sodium	170mg	8%
Potassium	255mg	5%
Sugars	0g	
Protein	<1g	
VitaminA		0%
VitaminC	11mg	19%
Calcium		0%
Iron		0%

• LESS FAT

Yuca fries have 1 less gram of fat per serving (14%) than crispy coated skin-on spiral fries.

• LESS SODIUM

Yuca fries have 130 mg less of sodium per serving (43%) than crispy coated skin-on spiral fries.

• MORE POTASSIUM

Yuca fries have 75 mg more of potassium per serving (29%) than crispy coated skin-on spiral fries.

• MORE VITAMIN C

Yuca fries have 15% more Vitamin C of the Daily Value than crispy coated skin-on spiral fries.

• ADD AUTHENTICITY & INTERNATIONAL APPEAL

Yuca is a main staple in Latin, Caribbean, Asian and African cuisines which are all rising demographics within the U.S.

Oven Baked Curly Potato Fry

Leading Manufacturer Crispy Coated Skin-On Spiral Fries		
Nutrition Facts		
Serving size	3 oz (85g)	
AMOUNT PER SERVING% Daily Value*		
Calories	160	
Calories from fat	60	
Total Fat	7g	11%
Saturated Fat	1g	5%
Mono Unsaturated Fat	3g	
PolyUnsaturated Fat	2.5g	
Trans Fat	0g	
Cholesterol	0mg	
Total Carbohydrate	22g	7%
Dietary fiber	2g	8%
Sodium	300mg	12%
Potassium	180mg	5%
Sugars	0g	
Protein	2g	
Vitamin A		0%
Vitamin C		4%
Calcium		0%
Iron		4%



Bringing Cultures Together Through Extraordinary Flavors™

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