

Sweet Plantain Slices

4 x 6 lb.



Pallet Information

Cube:	0.74
TI/HI:	10 base x 8 high
Pallet size:	80 cases

Nutritional Information

Nutrition Facts

36 Servings per container	
Serving size	2 slices(76g)
Amount per Serving	130
Calories	% Daily Value*
Total Fat 2.5g	3%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 26g	10%
Dietary Fiber 1g	4%
Total Sugars 22g	
Includes 0g Added Sugars	0%
Protein <1g	
Vitamin D 0mcg	0%
Calcium 3.5 mg	0%
Iron 0.3mg	2%
Potassium 370mg	8%

* The % Daily Value (DV) tells how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

Product Information

Product:	Big Banana Sweet Plantain Slices Pre-cooked Frozen 4 x 6 lb.
SKU:	SB010
Ingredients:	Ripe plantains, vegetable oil (may contain soybean and/or palm oil)
Allergens:	None
Intended use:	Requires to be fully cooked by end consumer. For food service and retail use.
Claims:	Kosher, all natural, gluten free, low sodium, naturally sweet (no added sugar), no cholesterol, vegan
Shelf life:	Best by date 2 year from production date
Storage conditions:	0° F (-18° C)
Country of origin:	Honduras
Availability:	Year round

Package Information

Case pack:	4 x 6 lb.
Net weight:	24 lb. (10.89 kg)
Gross weight:	25 lb. (11.34 kg)
Approximate unit weight	1.2-1.5 oz.
Approximate units per bag	64-80 slices
Approximate units per box	256-320 slices.
Bag dimensions:	18 x 13.8 in. 457 x 351 mm
Case dimensions:	15.6 x 11.7 x 7.0 in. 396 x 297 x 178 mm
UCC – 14:	10765744000064
UPC Code 12:	765744000067
Production code/ Best by date format:	AA 26 001 1 01 JAN 2028 Plant code Production Year Production day - Julian Prod. shift Day Month Year

Heating Instructions

Please consider before cooking:	Keep frozen until use. Do not overcook. Appliance temperatures may vary. Please consider the performance of your appliance when following these cooking directions.
Restaurant use/commercial deep fryers:	Preheat enough oil at 350-360 °F (176-182 °C) to cover plantain slices. Do not overload basket and carefully lower basket into hot oil. Fry for 3 -4 minutes. Do not overcook. Serve warm.
Pan Fry:	Heat ½ cup of cooking oil in large skillet over medium-high heat. Carefully add frozen plantain slices to form a single layer. Fry 3-4 minutes, turning frequently. Cook to a light golden brown. Do not overcook. Serve warm.
Oven:	Pre-heat oven to 375°F (190°C). Arrange frozen plantain slices in a single layer. Bake to a light golden brown, approximately for 12-15 minutes. Serve warm.
Microwave:	Place desired amount in microwave safe container. At high setting, heat for 3 minutes or until slices are hot. The more slices that you heat, the more time you will need. Serve warm.
CAUTION!! Ice crystals on frozen foods can splatter when cooked in hot oil. To avoid risk of injuries, add product to the fryer with caution, carefully remove it from fryer after cooking, and let it cool for one minute before serving.	



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