

Ripe Plantain Diced

3 x 6 lb.



Pallet Information

Cube:	0.66
TI/Hi:	10 base x 9 high
Pallet size:	80 cases

Nutritional Information

Nutrition Facts	
Servings per container	
Serving size	(1/2 cup)100g
Amount per Serving	
Calories	
	170
	<small>%Daily Value*</small>
Total Fat 3.5 g	4%
Saturated fat 0.5 g	3%
<i>Trans Fat</i> 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 34g	12%
Dietary Fiber 1g	5%
Total Sugars 28g	
Includes 0g Added Sugars	0%
Protein 1g	
Vitamin D <0.5 mcg	0%
Calcium 4.6 mg	0%
Iron 0.4mg	2%
Potassium 478mg	10%

* The %Daily Value (DV) tells how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

Product Information

Product:	Big Banana Ripe Plantain Diced 3 x 6 lb. IQF (Tidbits 20 x 20 mm)
SKU:	SB045
Ingredients:	Plantains, vegetable oil (may contain soybean oil and/or palm oil)
Allergens:	None
Intended use:	Requires to be fully cooked by end consumer. For food service use only.
Claims:	Non-GMO, Kosher, all natural, gluten free, low sodium, naturally sweet (no added sugar), no cholesterol, vegan
Shelf life:	Best by date 2 year from production date
Storage conditions:	0° F (-18° C)
Country of origin:	Costa Rica
Availability:	Year round

Package Information

Case pack:	3 x 6 lb.														
Net weight:	18 lb. (8.16 kg)														
Gross weight:	19 lb. (8.62 kg)														
Bag dimensions	17.9 x 13.8 in. 460 x 355 mm														
Case dimensions:	15.87 l x 10.75 w x 6.73 h in. 403 x 273 x 171 mm														
UCC – 14:	10765744001795														
UPC Code 12:	Clear bag. For food service use only.														
Production code/ Best by date format:	<table border="0"> <tr> <td>AA</td> <td>21</td> <td>001</td> <td>1</td> <td>JAN</td> <td>01</td> <td>2023</td> </tr> <tr> <td>Plant code</td> <td>Production Year</td> <td>Production day - Julian</td> <td>Prod. shift</td> <td>Best by Month</td> <td>Day</td> <td>Best by Year</td> </tr> </table>	AA	21	001	1	JAN	01	2023	Plant code	Production Year	Production day - Julian	Prod. shift	Best by Month	Day	Best by Year
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Heating Instructions

Please consider before cooking:	Keep frozen until use. Appliance temperatures may vary. Please consider the performance of your appliance when following these cooking directions.
Restaurant use/commercial fryers:	Preheat enough oil at 350-360 °F (176-182 °C) to cover plantain tidbits. Do not overload basket and carefully lower basket into hot oil. Fry for 1-2 minutes, to a golden brown. Drain excess oil. Serve warm.
Microwave:	Place desired amount in microwave safe container. At high setting, heat for 3 minutes or until plantains are hot. Serve Warm.
Oven:	Pre-heat oven to 375°F (190°C). Arrange frozen plantain tidbits in a single layer. Bake to a golden brown, approximately for 10 minutes. Serve warm.
CAUTION!! Ice crystals on frozen foods can splatter when cooked in hot oil. To avoid risk of injuries, add product to the fryer with caution, carefully remove it from fryer after cooking, and let it cool for one minute before serving. Always wear protective eyewear and clothing to prevent injury from potential hot oil splattering.	