

# Ripe Plantain Mash

## 4 x 6 lb.



### Product Information

Product:	Big Banana Ripe Plantain Mash 4 x 6 lb.
SKU:	SB048
Ingredients:	Plantains, vegetable oil (soybean oil)
Allergens:	None
Intended use:	Requires to be fully cooked by end consumer. For food service use only.
Claims:	Kosher, all natural, gluten free, low sodium, naturally sweet (no added sugar), no cholesterol, vegan
Shelf life:	Best by date 2 year from production date
Storage conditions:	0° F (-18° C)
Country of origin:	Honduras
Availability:	Year round

### Package Information

Case pack:	4 x 6 lb.														
Net weight:	24 lb. (10.89 kg)														
Gross weight:	25 lb. (11.34 kg)														
Bag dimensions	17 x 12 in. 432 x 305 mm														
Case dimensions:	14.41 l x 10.67 w x 4.3 h in. 366 x 271 x 109 mm														
UCC – 14:	10765744000354														
UPC Code 12:	Clear bag. For food service use only.														
Production code/ Best by date format:	<table border="0"> <tr> <td>AA</td><td>21</td><td>001</td><td>1</td><td>JAN</td><td>01</td><td>2023</td> </tr> <tr> <td>Plant code</td><td>Production Year</td><td>Production day - Julian</td><td>Prod. shift</td><td>Best by Month</td><td>Day</td><td>Best by Year</td> </tr> </table>	AA	21	001	1	JAN	01	2023	Plant code	Production Year	Production day - Julian	Prod. shift	Best by Month	Day	Best by Year
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### Pallet Information

Cube:	0.38
TI/Hi:	11 base x 8 high
Pallet size:	88 cases

### Nutritional Information

<b>Nutrition Facts</b>	
27 Servings per container	
<b>Serving size</b>	<b>100g</b>
<b>Amount per Serving</b>	<b>170</b>
<b>Calories</b>	
%Daily Value*	
<b>Total Fat</b> 3.5 g	4%
Saturated fat 0.5 g	3%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 0mg	0%
<b>Total Carbohydrate</b> 34g	12%
Dietary Fiber 1g	5%
Total Sugars 28g	
Includes 0g Added Sugars	0%
<b>Protein</b> 1g	
Vitamin D <0.5 mcg	0%
Calcium 4.6 mg	0%
Iron 0.4mg	2%
Potassium 478mg	10%

\* The %Daily Value (DV) tells how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

### Heating Instructions

Please consider before cooking:	Keep frozen until use. Do not overcook. Appliance temperatures may vary. Please consider the performance of your appliance when following these cooking directions.
Restaurant use/commercial deep fryers:	Preheat enough oil at 300 °F. Deep fry mash in preheated oil.
Oven:	Pre-heat oven to 400°F . Place product in oven safe tray and heat for approximately for 12-15 minutes. Serve warm.
Microwave:	Place desired amount in microwave safe container. At high setting, heat for 3 minutes . Serve Warm
CAUTION!! Ice crystals on frozen foods can splatter when cooked in hot oil. To avoid risk of injuries, add product to the fryer with caution, carefully remove it from fryer after cooking, and let it cool for one minute before serving. Always wear protective eyewear and clothing to prevent injury from potential hot oil splattering.	