## Unripe Plantain Grated (Masa) Frozen





#### **Product Information**

Product:	Tio Jorge Unripe Plantain Grated (Masa) Frozen 6 x 5 lb.
SKU:	TJ041
Ingredients:	Plantain
Allergens:	None
Claims:	All natural, kosher, gluten free, low in sodium, vegan
Intended use:	Product needs to be cooked by end consumer. Food service use
Shelf life:	Best by date 2 year from production date
Storage conditions:	0° F (-18° C)
Country of origin:	Costa Rica
Availability:	Year round

#### Package Information

Case pack:	6 x 5 lb.
Net weight:	30.0 lb. (13.60 kg)
Gross weight:	31.5 lb. (14.28 kg)
Bag dimensions:	16.0 x 10.0 in. 406.x 254 mm
Case dimensions:	15.8 l x 11.8 w x 8.9 h in. 400 x 200 x 227 mm
UCC – 14:	10765744002013
UPC Code 12:	Clear bag. For food service use only.
Production code/ Best by date format:	AA 21 001 1 JAN 01 2023   Plant Production Production Prod. Best by Day Best by   code Year day - Julian shift Month Year

#### Pallet Information

Cube:	0.96
TI/HI:	10 base x 7 high
Pallet size:	70 cases

#### Nutritional Information

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22 Servings per container <b>Serving size</b>	2/3 cup(100g)
Amount per Serving Calories	122
	% Daily Value*
Total Fat 0.5g	1%
Saturated fat 0g	0%
<i>Trans</i> Fat 0 g	
Cholesterol 0 mg	0%
Sodium 4mg	0%
Total Carbohydrate 32g	12%
Dietary Fiber 2g	7%
Total Sugars 15g	
Includes 0 g Added Sugars	0%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 3mg	0%
Iron 0.6mg	3%
Potassium 499mg	11%
* The % Daily Value (DV) tells how much a nutrient in a serving of	

# food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

Please consider before cooking:	Keep frozen until use. Appliance temperatures may vary. Please consider the performance of your appliance when following these cooking directions.
Cooking Instructions	Plantain masa can be used in a variety of dishes and recipes. Cook cassava completely before it is consumed (Product to be fully cooked)

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