# **Plantain Traditional Tostones** 20 x 1 lb.









#### **Pallet Information**

Cube:	0.90
TI/HI:	10 base x 8 high
Pallet size:	80 cases

## **Nutritional Information**

5 Servings per containe Serving size 2	tostones(85g
Amount per Serving  Calories	170
	%Daily Valu
Total Fat 2.5g	3%
Saturated fat 0.5g	2%
Trans Fat 0g	
Cholesterol Omg	0%
<b>Sodium</b> 0mg	0%
Total Carbohydrate 36g	139
Dietary Fiber 2g	89
Total Sugars <1g	
Includes 0g Added Sugar	s 0%
<b>Protein</b> 1g	
Vitamin D < 0.6mcg	09
Calcium 0mg	0%
Iron 0.5mg	3%
Potassium 440mg	99

he %Daily Value (DV) tells how much a nutrient in a	
rving of food contributes to a daily diet. 2,000 calories a	
y is used for general nutritional advice.	

#### **Product Information**

Product:	Tio Jorge Plantain Tostones Pre-cooked Frozen 20 x 1 lb.
SKU:	TJI020
Ingredients:	Unripe plantains, vegetable oil (palm oil)
Allergens:	None
Claims:	All natural, kosher, gluten free, low in sodium
Intended use:	Ready to heat and serve For food service and retail use
Shelf life:	Best by date 2 year from production date
Storage conditions:	0° F (-18° C)
Country of origin:	Ecuador
Availability:	Year round

### Package Information

Case pack:	20 x 1 lb.
Net weight:	20 lb. (9.07 kg)
Gross weight:	21 lb. (9.53 kg)
Approximate units per bag:	10-15 units
Approximate units per case:	200- 300 units
Bag dimensions:	9.5 x 9.8 in.
	241 x 250 mm
Case dimensions:	15.6 l x 11.7 w x 8.58 h in.
	395 x 297 x 218 mm
UCC – 14:	10765744000200
UPC Code 12:	765744000203
Production code/ \ Best by date	AA 21 001 1 JAN 01 2023  Plant Production Production Prod. code Year day - Julian shift Month Pay

## **Heating Instructions**

Please consider before cooking:	Keep frozen until use. Appliance temperatures may vary. Please consider the performance of your appliance when following these cooking directions.
Restaurant use/commercial fryers:	Preheat enough oil at 350-360 °F (176-182 °C) to cover plantain tostones. Do not overload basket and carefully lower basket into hot oil. Fry for 3 to 4 minutes or until golden yellow. Drain on paper towel. Add salt to taste. Fry from frozen, do not thaw. We do not recommend cooking product in a microwave oven.

CAUTION!! Ice crystals on frozen foods can splatter when cooked in hot oil. To avoid risk of injuries, add product to the fryer with caution, carefully remove it from fryer after cooking, and let it cool for one minute before serving. Always wear protective eyewear and clothing to prevent injury from potential hot oil splattering.

