

White Malanga Peeled Frozen 6 x 5 lb.



Pallet Information

Cube:	0.94
TI/Hi:	10 base x 7 high
Pallet size:	70 cases

Nutritional Information

Nutrition Facts

27 Servings per container

Serving size 1/2 cup(85g)

Amount per Serving
Calories **90**

% Daily Value*

Total Fat 0g	0%
Saturated fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 9mg	0%
Total Carbohydrate 20g	7%
Dietary Fiber 1g	5%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 17mg	1%
Iron 0.6mg	3%
Potassium 255mg	5%

* The % Daily Value (DV) tells how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

Product Information

Product:	Tio Jorge White Malanga Peeled Frozen 6 x 5 lb.
SKU:	TJML100
Ingredients:	White malanga. Contains sulfites.
Allergens:	None
Claims:	Kosher, gluten free, low sodium, no cholesterol, vegan
Intended use:	Product needs to be cooked by end consumer. For food service use only
Shelf life:	Best by date 2 year from production date
Storage conditions:	0° F (-18° C)
Country of origin:	Costa Rica / Ecuador
Availability:	Year round

Package Information

Case pack:	6 x 5 lb.
Net weight:	30 lb. (13.60 kg)
Gross weight:	31 lb. (14.06 kg)
Bag dimensions:	15.4 x 9.8 in. 391 x 249 mm
Case dimensions:	15.39 l x 11.42 w x 9.21 h in. 391 x 290 x 234 mm
UCC – 14:	10765744000743
UPC Code 12:	Clear bag. For food service use only.

Production code/
Best by date
format:

Production Lot
AA 26 001 1
Plant Production Production Prod.
code Year day - Julian shift
Best if Used Before:
01 JAN 2028
Day Month Year

Heating Instructions

Please consider before cooking: Keep frozen until use. Appliance temperatures may vary. Please consider the performance of your appliance when following these cooking directions.

Stovetop: Boil enough water to cover the malanga and cook for 15-30 minutes or until tender. Drain and serve.

Microwave: Place in bowl full of water to cover 1 lb. of malanga and cook for 15 to 20 minutes or until tender. Drain and serve.

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