

# White Malanga Peeled Frozen 6 x 5 lb.



## Pallet Information

Cube:	0.94
TI/Hi:	10 base x 7 high
Pallet size:	70 cases

## Nutritional Information

### Nutrition Facts

27 Servings per container	
<b>Serving size</b>	<b>1/2 cup(85g)</b>
<b>Amount per Serving</b>	<b>90</b>
<b>Calories</b>	
	%Daily Value*
<b>Total Fat</b> 0g	0%
Saturated fat 0g	0%
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 9mg	0%
<b>Total Carbohydrate</b> 20g	7%
Dietary Fiber 1g	5%
Total Sugars 0g	
Includes 0g Added Sugars	0%
<b>Protein</b> 1g	
Vitamin D 0mcg	0%
Calcium 17mg	1%
Iron 0.6mg	3%
Potassium 255mg	5%
* The %Daily Value (DV) tells how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.	

## Product Information

Product:	Tio Jorge White Malanga Peeled Frozen 6 x 5 lb.
SKU:	TJML100
Ingredients:	White malanga. Contains sulfites.
Allergens:	None
Claims:	Kosher, gluten free, low sodium, no cholesterol, vegan
Intended use:	Product needs to be cooked by end consumer. For food service use only
Shelf life:	Best by date 2 year from production date
Storage conditions:	0° F (-18° C)
Country of origin:	Costa Rica / Ecuador
Availability:	Year round

## Package Information

Case pack:	6 x 5 lb.														
Net weight:	30 lb. (13.60 kg)														
Gross weight:	31 lb. (14.06 kg)														
Bag dimensions:	15.4 x 9.8 in. 391 x 249 mm														
Case dimensions:	15.39 l x 11.42 w x 9.21 h in. 391 x 290 x 234 mm														
UCC – 14:	10765744000743														
UPC Code 12:	Clear bag. For food service use only.														
Production code/ Best by date format:	<table border="0"> <tr> <td>AA</td> <td>22</td> <td>001</td> <td>1</td> <td>JAN</td> <td>01</td> <td>2024</td> </tr> <tr> <td>Plant code</td> <td>Production Year</td> <td>Production day - Julian</td> <td>Prod. shift</td> <td>Best by Month</td> <td>Day</td> <td>Best by Year</td> </tr> </table>	AA	22	001	1	JAN	01	2024	Plant code	Production Year	Production day - Julian	Prod. shift	Best by Month	Day	Best by Year
AA	22	001	1	JAN	01	2024									
Plant code	Production Year	Production day - Julian	Prod. shift	Best by Month	Day	Best by Year									

## Heating Instructions

Please consider before cooking: Keep frozen until use. Appliance temperatures may vary. Please consider the performance of your appliance when following these cooking directions.

Stovetop: Boil enough water to cover the malanga and cook for 15-30 minutes or until tender. Drain and serve.

Microwave: Place in bowl full of water to cover 1 lb. of malanga and cook for 15 to 20 minutes or until tender. Drain and serve.