# Golden Sweet Potato (Boniato) Diced Precooked No Sugar Added 6 x 4 lb.







# Product Information

Product:	Golden Sweet Potato Diced, Precooked, no sugar added, 6 x 4 lb.
SKU:	UF0284
Ingredients:	Golden Sweet Potato (Boniato), vegetable oil (may contain palm and/or canola oil)
Allergens:	None
Claims:	All natural, kosher, gluten free, low in sodium, no sugar added, no cholesterol, vegan
Intended use:	Product to be fully cooked by end consumer (heat to 68 °C/154 °F, inner temperature). For foodservice use only.
Shelf life:	Best by date 2 year from production date
Storage conditions:	0° F (-18° C)
Country of origin:	Honduras
Availability:	Year round

Package Information		
Case pack:	6 x 4 lb.	
Net weight: Gross weight:	24 lb. (10.89 kg) 25 lb. (11.34 kg)	
Bag dimensions:	11.0 x 15.0 in. 279 x 381 mm	
Case dimensions:	15.5 l x 11.6 w x 7.76 h in. 394 x 294 x 197mm	
UCC – 14:	10765744002846	
UPC Code 12:	Clear bag. For food service use only.	
Production code/ Best by date format:	AA 23 001 1 JAN 01 2025   Plant Production Production Production Production Production   Code Year day - Julian shift Month Day Best by	

#### Pallet Information

Cube:	0.68
TI/HI:	10 base x 9 high
Pallet size:	90 cases

### Nutritional Information

Serving size 2	20 pieces(85g
Amount per Serving Calories	160
	% Daily Value
Total Fat 4g	5%
Saturated Fat 0.6g	3%
<i>Trans</i> Fat 0g	
Cholesterol Omg	0%
Sodium 9mg	0%
Total Carbohydrate 30g	11%
Dietary Fiber 3g	9%
Total Sugars 3g	
Includes 2g Added Sugars	s 4%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 25mg	2%
Iron 0.5mg	3%
Potassium 364mg	8%

## **Cooking Instructions**

Please consider before cooking:	Keep frozen until use. Appliance temperatures may vary. Please consider the performance of your appliance when following these cooking directions.	
Restaurant use/commercial fryers:	Heat the oil in the pan or fryer to $350^{\circ}$ F / $175^{\circ}$ C. Place the sweet potato dices into the basket and cook for $2\frac{1}{2}$ - $3\frac{1}{2}$ minutes, until they're crisp and light golden. Lift the basket, shake off the oil, place on a plate lined with a paper towel and season with salt to taste.	
Conventional Oven:	Preheat oven to 425°F. Arrange frozen cubes evenly on a shallow baking pan. Bake for 15 to 20 minutes, turning once for uniform cooking. or until lightly browned. Turn product halfway through baking time.	
CAUTION!! Ice crystals on frozen foods can splatter when cooked in hot oil. To avoid risk of injuries, add product to the fryer with caution, carefully remove it from fryer after cooking, and let it cool for one minute before serving. Always wear protective eyewear and		

clothing to prevent injury from potential hot oil splattering.



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