

Frozen Pigeon Peas - Gandules

10 x 2 lb.



Product Information

Product:	Tio Jorge Frozen Pigeon Peas (Gandules) 10 x 2 lb.
SKU:	TJ158
Ingredients:	Pigeon peas (Gandules).
Allergens:	None
Claims:	All natural, gluten free, low in sodium, vegan.
Intended use:	Product needs to be cooked by end consumer. For food service use only
Shelf life:	Best by date 2 year from production date
Storage conditions:	0° F (-18° C)
Country of origin:	Peru
Availability:	Year round

Package Information

Case pack:	10 x 2 lb.														
Net weight:	20 lb. (9.07 kg)														
Gross weight:	21 lb. (9.53 kg)														
Bag dimensions:	Polyethylene bags 13 x 11 in. 330 x 280 mm														
Case dimensions:	15.60 l x 11.73 w x 6.26 h in. 396 x 298 x 159 mm														
UCC – 14:	10765744003027														
UPC Code 12:	n/a (clear bag)														
Production code/ Best by date format:	<table><tr><td>AA</td><td>25</td><td>001</td><td>1</td><td>JAN</td><td>01</td><td>2027</td></tr><tr><td>Plant code</td><td>Production Year</td><td>Production day - Julian</td><td>Prod. shift</td><td>Best by Month</td><td>Day</td><td>Best by Year</td></tr></table>	AA	25	001	1	JAN	01	2027	Plant code	Production Year	Production day - Julian	Prod. shift	Best by Month	Day	Best by Year
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Pallet Information

Cube:	0.662
TI/Hi:	10 base x 11 high
Pallet size:	110 cases

Nutritional Information

Nutrition Facts

10 Servings per 2 lb. bag

Serving size 1/2 cup(90g)

Amount per Serving
Calories **70**

	% Daily Value*
Total Fat 0.4g	1%
Saturated fat 0g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 97mg	4%
Total Carbohydrate 12g	5%
Dietary Fiber 4g	15%
Total Sugars 4g	
Includes 0 g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 1.4mg	8%
Potassium 138mg	3%

* The % Daily Value (DV) tells how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

Heating Instructions

Stovetop: Keep frozen. How to Prepare: 1. Boil one cup of water. 2. Add one teaspoon of salt. 3. Place 1 cup of pigeon peas in boiling water. 4. Continue boiling the pigeon peas under low flame for ten to twelve minutes until tender.

Microwave oven: Fill a microwave-safe bowl with enough water to cover the pigeon peas. Add the peas and salt as desired. Cook 8 to 10 minutes on high or until tender. Drain and Serve. Do not thaw before cooking

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