

Frozen Pigeon Peas - Gandules

10 x 2 lb.



Pallet Information

Cube:	0.662
TI/Hi:	10 base x 11 high
Pallet size:	110 cases

Nutritional Information

Nutrition Facts

10 Servings per 2 lb. bag	
Serving size	1/2 cup(90g)
Amount per Serving	70
Calories	
% Daily Value*	
Total Fat 0.4g	1%
Saturated fat 0g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 97mg	4%
Total Carbohydrate 12g	5%
Dietary Fiber 4g	15%
Total Sugars 4g	
Includes 0 g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 1.4mg	8%
Potassium 138mg	3%

* The % Daily Value (DV) tells how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

Product Information

Product:	Tio Jorge Frozen Pigeon Peas (Gandules) 10 x 2 lb.
SKU:	TJ158
Ingredients:	Pigeon peas (Gandules).
Allergens:	None
Claims:	All natural, gluten free, low in sodium, vegan.
Intended use:	Product needs to be cooked by end consumer. For food service use only
Shelf life:	Best by date 2 year from production date
Storage conditions:	0° F (-18° C)
Country of origin:	Peru
Availability:	Year round

Package Information

Case pack:	10 x 2 lb.
Net weight:	20 lb. (9.07 kg)
Gross weight:	21 lb. (9.53 kg)
Bag dimensions:	Polyethylene bags 13 x 11 in. 330 x 280 mm
Case dimensions:	15.60 l x 11.73 w x 6.26 h in. 396 x 298 x 159 mm
UCC – 14:	10765744003027
UPC Code 12:	n/a (clear bag)

Production code/ Best by date format:	AA 24 001 1 JAN 01 2026 Plant code Production Year Production day - Julian Prod. shift Best by Month Day Best by Year
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Heating Instructions

Stovetop: Keep frozen. How to Prepare: 1. Boil one cup of water. 2. Add one teaspoon of salt. 3. Place 1 cup of pigeon peas in boiling water. 4. Continue boiling the pigeon peas under low flame for ten to twelve minutes until tender.

Microwave oven: Fill a microwave-safe bowl with enough water to cover the pigeon peas. Add the peas and salt as desired. Cook 8 to 10 minutes on high or until tender. Drain and Serve. Do not thaw before cooking