

Hawaiian Plantain Tostones

7 x 2 lb.



Pallet Information

Cube:	0.70
TI/Hi:	10 base x 9 high
Pallet size:	90 cases

Nutritional Information

Nutrition Facts

10 Servings per container

Serving size 2 tostones(85g)

Amount per Serving
Calories **145**

% Daily Value*

Total Fat 4g 7%

Saturated fat 0.5g 3%

Trans Fat 0 g

Cholesterol 0 mg 0%

Sodium 0mg 0%

Total Carbohydrate 25g 9%

Dietary Fiber 2g 6%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 1g

Vitamin D < 0.6mcg 0%

Calcium 2mg 0%

Iron 0.5mg 2%

Potassium 490mg 10%

* The % Daily Value (DV) tells how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

Product Information

Product:	Tio Jorge Hawaiian Plantains Pre-cooked Frozen 7 x 2 lb.
SKU:	TJI029
Product description:	Pressed with Natural edges for homemade look
Ingredients:	Plantains (Hawaiian), vegetable oil (palm oil)
Allergens:	None
Claims:	All natural, gluten free, low in sodium, vegan
Intended use:	Ready to heat and serve For food service and retail use
Shelf life:	Best by date 2 year from production date
Storage conditions:	0° F (-18° C)
Country of origin:	Ecuador.
Availability:	Year round

Package Information

Case pack:	7 x 2 lb.
Net weight:	14 lb. (6.35 kg)
Gross weight:	15 lb. (6.80 kg)
Approximate unit weight:	1.7 -2.3 oz.
Approximate units per bag:	14 -19 tostones.
Approximate units per case:	98-133 tostones.
Bag dimensions:	12 x 9 in 305 x 229 mm
Case dimensions:	15.6 l x 11.7 w x 6.6 h in 395 x 297 x 168 mm
UCC – 14:	10765744000033
UPC Code 12:	765744000036
Production code/ Best by date format:	Production Lot AA 26 001 1 Plant code Production Year Production day - Julian Prod. shift Best if Used Before: 01 JAN 2028 Day Month Year

Heating Instructions

Please consider before cooking:	Keep frozen until use. Appliance temperatures may vary. Please consider the performance of your appliance when following these cooking directions.
Restaurant use/commercial fryers:	Preheat enough oil at 350-360 °F (176-182 °C) to cover plantain tostones. Do not overload basket and carefully lower basket into hot oil. Fry for 3 to 4 minutes or until golden yellow. Drain on paper towel. Add salt to taste. Fry from frozen, do not thaw. We do not recommend cooking product in a microwave oven.

CAUTION!! Ice crystals on frozen foods can splatter when cooked in hot oil. To avoid risk of injuries, add product to the fryer with caution, carefully remove it from fryer after cooking, and let it cool for one minute before serving. Always wear protective eyewear and clothing to prevent injury from potential hot oil splattering.

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